

20.07.2007

From,  
Hitesh S. Vajawat  
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Dear Vipin Uncle,

I have no words for your therapy & also the way you make things look so simple even when the Best Educated Doctors tell it as complicated.

I had problems in speaking since last 1 & half years. The problem got so worse that as time gone I slowly lost my voice completely.

Just one month ago, I had come to you with Voice Problems. I had shown to all the best ENT specialists Doctors of Chennai i.e. Dr. Mohan Kameshwaran, Dr. K.K. Ramalingam to name a few. All the Doctors had advised me to take voice rest & take High Dose medicines (including sleep tablets). But I didn't find a sign of relief. No Dr. was able to make a little improvement in me, except making it worse with problems like Over Sleep, Stomach disorders & frequent constipation. I was literally going mad as I had lost my voice. My family was very much worried about my situation.

Finally I came to ZERO Therapy. (Even then I had even taken an appointment of Dr. Sachin Gandhi (Mangeshkar Hospital - Pune). But within 2 Days things starting changing. I then realized that I had done a mistake of plans for Pune, therefore I tore the Tickets & cancelled the appointment & from then there was no second thought.

I then realized that the more you have faith in the Therapy & your self the faster & better You recover.

The best part Of the complete theory was :

I has lost my voice. I was not able to speak & was taking voice rest for 15- 20 days. I was surprised to see the improvement in me. With in 10 days I had started speaking & when I met Uncle & informed him that slowly I was recovering, I was surprised to see his reaction saying, "Anything else" I was amazed to see him still as cool & not getting excited. As per Uncle It was a very serious problem but Zero Therapy makes things look very simple.

I thank a lot & also request anybody & every body that True ZERO Therapy & Nothing is IMPOSSIBLE.

Regards,

Hitesh Vajawat

29/11/06

8/8 DL MK

Strobe: Small ant. Subglottic web.

Review: 1 month.

↓

6/5/07

VLS - anterior web +  
LPR +

Review - 1 month

↓

18/7/07

dysphagia

Videolaryng

9 web



## MADRAS ENT RESEARCH FOUNDATION (P) LTD.

1, I Cross Street, Off. II Main Road, Raja Annamalaipuram, Chennai - 600 028.

Tel: 24311411, 24311412, 24311413, 24311414, 24311415 Fax: 91-44-24311416

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### Consultant ENT Surgeons

Prof. S. Kameswaran  
DSc, MS, PhD, FRCS (Ed&G), FAMS, FACS, DLO

Prof. Mohan Kameswaran  
M.S, FRCS (Ed), FCS, MAMS, DLO ✓

Dr. R.S. Anand Kumar  
BSc, MS, FCS, DLO

Jawahar Nagasundaram  
MS, FRCS (J), DLO

Dr. Sathiya Murali  
MBBS, DNB, DLO

Dr. Kiran Natarajan  
MBBS, DNB, DLO

Dr. S. Raghunandan  
MS, DNB,

### Consultant Anaesthesiologists

Dr. M. Jagannath, MD

Dr. J. Sarada, MBBS, DA

### Visiting Consultants

Dr. (Lt. Col.) V.K. Menon  
(Med.), DM (Card.), FICC  
Consultant Cardiologist

Dr. G. Prabhakaran  
MD, DCH  
Consultant Pediatrician & Neonatologist

Dr. K. Srinivasan  
MBBS, MRCP (Lon)  
Consultant Diabetologist & Physician

Dr. A. Vikram  
MS, DNB, FRCS  
Consultant Surgical Gastroenterologist  
& Laparoscopic Surgeon

Date : 20/11/06

To

Dr. The Director

ISH

Dear Sir/Madam,

Referring Mr/Mrs. Hitesh

for favour of your opinion. for favour of  
a cause of therapy. He, on  
voice of therapy. He, on  
Thanking you, investigation was found  
Yours truly, to have anterior  
laryngeal web &  
(for a - rchan) causes him recurrent  
hoarseness.



MADRAS ENT RESEARCH FOUNDATION (P) LTD.

**ENT CASE RECORD**

120  
120

Date: 19/11/2006

Name: HITESH . S. VAJAWAT

Sex: M / F      Age 30

S/o, D/o, F/o, W/o: SHANTILAL VAJAWAT

Date of Birth: 8/11/79

Address: 19, Samudra Madala St,  
Chennai -

Contact Tel. No. (R): 42086839  
(O): 42185442

Pin Code: 600003

Cell No.: 98411-53605

Occupation: Business

Case Referred by:

Dr. \_\_\_\_\_

**HISTORY & PHYSICAL EXAMINATION**

Complaints: - change of voice : progressive.  
- voice returns to normal after

Present History: voice rest.  
- n/o voice abuse.

Past History:

Family History:



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MS, FRCS (I), DLO

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MBBS, DNB, DLO

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MS, DNB, FRCS  
Consultant Surgical Gastroenterologist  
& Laparoscopic Surgeon

Mr. Mitesh

17/11/06

⌘

- T- Levit 20 before food

1 ———— 1

- T- Desloc 5mg

0 ———— 1

- T- Levit

1 ———— 1

All for 5 days.

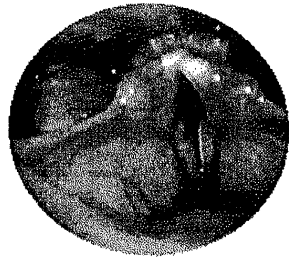
Mr.



### Madras ENT Research Foundation (P) Ltd

1, I Cross Street, Off II Main Road, R.A.Puram, Chennai - 600028. Ph:+91 44 24311411/12/13/14/15

|              |                     |              |                     |
|--------------|---------------------|--------------|---------------------|
| Patient Name | HITESH              | Age / Sex    | 30/Male             |
| Patient ID   | 00002994            | Visit Date   | 17/11/2006          |
| Referred By  | Dr.Mohan Kameswaran | Consulted By | Dr.Mohan Kameswaran |
| Procedure    | VL Scopy            | Medication   | Local Anaesthesia   |



EDEMATOUS FUSIFORM VOCAL CORDS.





# PREMIER LAB & X-RAY

SCAN, ECG, ECHO, DOPPLER, TMT, EEG, ENDOSCOPY

"Crescent Court" 963, Poonamallee High Road, Chennai - 84. ☎ : 42174176, 42174186



Ref. No. : 16037  
Patient Name : Mr. HITESH  
Referred By : Dr. K.JAGANNATHAN MD.,

Ref. Date : 10/04/2007  
Age : 30 / Male  
Page No. : 1

| TEST                     | VALUE          | RANGE   |
|--------------------------|----------------|---|
| <b>LIPID PROFILE</b>     |                |   |
| CHOLESTEROL              | : 239 mgs/dl   | Desirable : < 200 mgs/dl<br>Borderline Risk : 200 - 239 mgs/dl<br>High Risk : Above 240 mgs/dl  |
| TRIGLYCERIDES            | : 295 mgs/dl ↑ | Desirable : < 200 mgs/dl<br>Borderline Risk : 200 - 400 mgs/dl<br>High Risk : > 400 mgs/dl<br>TGL Result depends upon diet, alcohol, metabolic state. |
| HDL CHOLESTEROL (DIRECT) | : 52 mgs/dl    | Male:<br>Less than 35 : High risk<br>35 - 55 : Desirable<br>Female:<br>Less than 45 : High risk<br>45 - 65 : Desirable                                |
| LDL CHOLESTEROL (DIRECT) | : 145 mgs/dl ↑ | Desirable : Less than 100<br>Normal Risk : 100 - 139<br>High Risk : More than 140   |
| CORONARY RISK RATIO - I  | : 4.5          | Normal Risk : Less than 5.0<br>Borderline Risk : 5.0 - 5.5<br>High : Above 5.5  |
| CORONARY RISK RATIO - II | : 2.7          | 2.6 - 4.0   |

Dr. VINODH KUMAR PANICKER M.D.,  
CONSULTANT PATHOLOGIST

Time : 7 a.m. to 9 p.m. Sunday : 7 a.m. to 12.00 p.m.

*P. Balapriya*  
Dr. P. BALAPRIYA M.D.,